

NUMBER ONE COACHING TOOL OF THE MONTH CLUB

FOR A RADICAL BREAKTHROUGH IN DEALING WITH YOUR OWN RESIGNATION!

FIRSTLY, THANK YOU FOR CREATING THE OPPORTUNITY FOR YOURSELF TO HAVE A RADICAL BREAKTHROUGH IN DEALING WITH YOUR OWN RESIGNATION, AND THANK YOU FOR THE OPPORTUNITY THAT YOU GIVE ME TO MAKE A DIFFERENCE FOR YOU, WHICH FULFILLS MY LIFE.

SECONDLY, HERE IS MY NUMBER ONE TOOL OF THE MONTH FOR YOU TO USE TO DEAL WITH YOUR OWN RESIGNATION. HOWEVER, THIS EXERCISE ONLY WORKS IF YOU COMPLETE IT RIGOROUSLY AND GENUINELY ALL THE WAY THROUGH.

TO DO THIS EXERCISE, PLEASE USE A NOTEBOOK, NOTEPAD OR A NOTE APPLICATION ON YOUR PHONE. YOU WILL WANT TO HAVE SOMETHING THAT YOU CAN CARRY WITH YOU ANYWHERE YOU GO AND THAT IS EASY FOR YOU TO USE. FOR YOU TO BE ABLE TO OBTAIN THE RESULTS OF THIS EXERCISE, IT REQUIRES YOU TO DO IT FOR 21 DAYS.

MY APPROACH IS TO LOOK AT WHAT YOU ARE SAYING IS NOT POSSIBLE (WHATEVER YOU ARE RESIGNED ABOUT I.E IT IS NOT POSSIBLE TO EVER HAVE YOUR DREAM RELATIONSHIP OR ENOUGH MONEY OR BE ABLE TO LIVE THE WAY YOU REALLY WANT TO, ETC.).

1. JUST WRITE DOWN ALL THE REASONS WHY THAT IS NOT POSSIBLE, NOT MAKING THEM WRONG OR JUDGING YOURSELF IN ANY WAY.
2. RIGHT NEXT TO ALL THE REASONS, WRITE DOWN THE WAY THAT YOU COULD PROVE THAT, EVEN THOUGH IT MAY LIKELY BE VERY ACCURATE, IT DOESN'T REPRESENT AN ULTIMATE STOP, I.E. "THAT IS NOT POSSIBLE BECAUSE LOOK AT THE WORLD TODAY" - "AND EVEN THOUGH THE WORLD IS WHERE IT IS, TODAY, THERE ARE PEOPLE THAT ARE ACHIEVING THAT NOW."
3. READ IT ALL AND SEE HOW YOU FEEL. IF THAT IS ENOUGH TO MOVE YOU INTO ACTION, ENJOY AND RUN. IF IT IS NOT, DON'T MAKE YOURSELF WRONG. JUST KEEP WRITING.
4. WRITE A 3RD COLUMN NEXT TO THE REASONS AND THE PROOF AGAINST THE REASONS. IN THAT 3RD COLUMN, WRITE DOWN ALL OF THE SMALL OR BIG BENEFITS THAT YOU RECEIVE FROM LETTING THAT REASON STOP YOU. (PLEASE DON'T GO TO THE "OBVIOUSLY" HERE; JUST WRITE THINGS DOWN AS AN EXERCISE).

ONCE EVERYTHING IS ALL WRITTEN, READ IT OUT LOUD AND REMEMBER

THAT BEING POSITIVE AND GETTING INTO ACTION IS NOT RIGHT OR WRONG. IT IS JUST A POSSIBLE WAY TO GO. BEING RESIGNED AND NOT TAKING ACTION IS ALSO NOT RIGHT OR WRONG. IT IS ANOTHER POSSIBLE WAY TO GO. ALSO, REMEMBER THAT YOU ARE A PRECIOUS, UNIQUE HUMAN BEING AND YOU HAVE THE RIGHT TO CHOOSE MOMENT BY MOMENT. CHOOSE TO CHOOSE! YOU HAVE THE RIGHT TO BE ON ONE SIDE OR THE OTHER OF THIS DUAL REALITY. YOU EVEN HAVE THE RIGHT TO COMPLETELY STOP AND FREEZE FOR A MOMENT. JUST BREATHE VERY DEEPLY, CHOOSE WHAT YOU CHOOSE AND TRUST.

BEING RESIGNED, LIKE ANY PATTERN, CAN BE REPLACED WITH A NEW PATTERN THAT MIGHT SERVE YOU MUCH BETTER. CREATING ANY NEW PATTERN REQUIRES PRACTICE OVER TIME. WITHIN 21 DAYS, IF YOU ARE RIGOROUS, YOU WILL HAVE A RADICAL BREAKTHROUGH IN DEALING WITH YOUR OWN RESIGNATION. SHARE WITH EVERYONE YOU KNOW THE NEW RESULTS YOU ARE CREATING IN YOUR LIFE BY DEALING WITH YOUR RESIGNATION FACE ON. BECOME THE NEW INSPIRATION FOR EVERYONE AROUND YOU TO ENGAGE IN FREELY CHOOSING TO BE RESIGNED OR NOT!

WHAT ARE ALL THE INSIGHTS THAT YOU GOT OUT OF THIS EXERCISE FOR DEALING WITH RESIGNATION? MAKE SURE YOU PUT WHAT YOU SAW FOR YOURSELF TO WORK RIGHT NOW!!! NEUROSCIENTISTS HAVE PROVEN THAT IF YOU DO NOT ACT ON AN INSIGHT RIGHT AWAY, IT IS LOST TO YOU.

LASTLY, FROM ME TO YOU;

NEXT MONTH: WE WILL HAVE AN EXCITING TOOL ON HAVING A RADICAL BREAKTHROUGH IN MASTERING EFFECTIVE LISTENING SKILLS THAT WILL TAKE ALL OF YOUR RELATIONSHIPS TO A NEW LEVEL!

THANK YOU SO MUCH FOR TAKING THE TIME AND USING MY TOOLS TO CREATE SOME IMPRESSIVE RESULTS IN YOUR LIFE. THAT IN ITSELF CONTRIBUTES TO ME AND ALLOWS ME TO FULFILL ON MY LIFE'S PURPOSE, WHICH IS TO SERVE YOURS!

IF YOU WOULD TAKE THE TIME TO EMAIL ME BACK AND GIVE ME YOUR FEEDBACK, IT WILL MAKE A TREMENDOUS DIFFERENCE FOR ME AND MY CREATING MORE AND MORE THINGS TO SERVE WHAT I LOVE (OUTSTANDING PEOPLE UP TO BIG THINGS LIKE YOU)!!

HONORED TO BE YOUR PARTNER IN MAXIMIZING OUR POTENTIAL,



CAROLINA ARAMBURO