

NUMBER ONE COACHING TOOL OF THE MONTH CLUB

FOR A RADICAL BREAKTHROUGH IN HAVING LIFE COMPLETELY GO YOUR WAY!

FIRSTLY, THANK YOU FOR CREATING THE OPPORTUNITY FOR YOURSELF TO HAVE A RADICAL BREAKTHROUGH IN HAVING LIFE COMPLETELY GO YOUR WAY, AND THANK YOU FOR THE OPPORTUNITY THAT YOU GIVE ME TO MAKE A DIFFERENCE FOR YOU, WHICH FULFILLS MY LIFE.

SECONDLY, HERE IS MY NUMBER ONE TOOL OF THE MONTH FOR YOU TO USE TO HAVE LIFE COMPLETELY GO YOUR WAY. HOWEVER, THIS EXERCISE ONLY WORKS IF YOU COMPLETE IT RIGOROUSLY AND GENUINGLY ALL THE WAY THROUGH.

TO DO THIS EXERCISE, PLEASE USE A NOTEBOOK, NOTEPAD OR A NOTE APPLICATION ON YOUR PHONE. YOU WILL WANT TO HAVE SOMETHING THAT YOU CAN CARRY WITH YOU ANYWHERE YOU GO AND THAT IS EASY FOR YOU TO USE. FOR YOU TO BE ABLE TO OBTAIN THE RESULTS OF THIS EXERCISE, IT REQUIRES YOU TO DO IT FOR 21 DAYS.

1. DREAM TIME! MAKE A LIST OF WHAT YOU REALLY WANT TO CREATE FOR YOURSELF. LOOK AT ALL THE AREAS OF YOUR LIFE – I.E. : FINANCES, ROMANCE, FRIENDSHIPS, FAMILY, SPIRITUALITY, HEALTH, FAMILY, FRIENDS, ETC. MAKE SURE YOU DO NOT HOLD BACK. DON'T JUDGE OR ASSESS THEM. ASSUME NOTHING IS IN YOUR WAY AND THAT YOU CAN HAVE ANYTHING IN LIFE WANT AND HAVE LIFE LOOK EXACTLY THE WAY YOU WANT IT TO.
2. NEXT TO EACH ITEM LIST WHAT WOULD STOP YOU FROM HAVING THAT. IT COULD BE SOMETHING YOU SAY TO YOURSELF OR SOMETHING SOMEONE ELSE HAS SAID TO YOU. I AM SURE IT SOUNDS VERY REAL TO YOU SO WRITE IT EXACTLY AS IT SEEMS. FOR EXAMPLE, YOU WANT THE OPPORTUNITY TO GO TO BALI BUT YOU DON'T HAVE THE MONEY.

3. **ON THE LIST OF BARRIERS THAT STOP YOU FROM HAVING WHAT YOU WANT – NEXT TO EACH ITEM – WRITE DOWN A LIST OF IDEAS ON HOW YOU CAN GET AROUND THAT BARRIER. THERE IS ALWAYS A WAY TO KNOCK DOWN A BARRIER. THE REAL BARRIER IS IN OUR HEADS NOT IN REALITY. GET OUT OF THE BOX. CREATE SEVERAL WILD WAYS TO GET OVER IT, GO THROUGH IT OR GET AROUND IT. FOR EXAMPLE TO HAVE THE MONEY FOR BALI FIRST WRITE DOWN JUST HOW MUCH IT WOULD COST – THEN WRITE DOWN WHAT YOU COULD DO FOR THE MONEY. YOU COULD SELL THINGS ON EBAY (OLD BOOKS, COMPUTERS, KID’S TOYS, ETC.), WORK EXTRA HOURS, DO SEVERAL WEEKEND CAR WASHES, DO A GARAGE SALE, TAKE UP A COLLECTION, ASK PEOPLE TO PAY YOU BACK MONEY THEY OWE YOU, ETC.**

4. **PUT A DATE BY EACH THING THAT YOU WANT TO HAVE THAT ITEM FULFILLED. NOW GET IN ACTION. SHARE YOUR LIST WITH THE PEOPLE IN YOUR LIFE. GET THE WORD OUT THERE – YOU NEVER KNOW WHO HAS A PIECE OF THE PUZZLE FOR YOU. PICK, FROM THE ACTIONS YOU LISTED THAT YOU COULD DO, AT LEAST 2 ACTIONS YOU COULD TAKE STARTING TODAY. START THEM.**

THE KEY WITH HAVING LIFE GO EXACTLY THE WAY YOU WANT IT IS THAT THINGS COME TO THOSE WHO BELIEVE THEY CAN HAVE THEM AND TAKE ACTIONS INSIDE OF BELIEVING THEY WILL HAVE THEM. IF YOU ARE FOCUSED ON THE BARRIERS VS. WHAT YOU WANT THEN YOU WILL ONLY GROW THE BARRIER. IF YOU FOCUS ON WHAT YOU WANT THEN YOU CAN DISSOLVE THE BARRIERS AND GROW WHAT YOU WANT. YOU ARE POWERFUL ENOUGH TO HAVE ANYTHING YOU CREATE. LOOK AROUND YOU AT THE PEOPLE WHO HAVE EVERYTHING THEY WANT. IF THEY GOT THEM YOU CAN. USE YOUR REAL POWER TO HAVE FUN & FIERCE OPPORTUNITIES BEGIN TO SHOW UP FOR YOU TODAY!

NOW GET OUT IN THE WORLD AND START CLAIMING WHAT YOU WANT. IT IS TIME TO TELL THE WORLD TO SIT AND HAVE IT SIT! KNOW THAT YOU ARE AN ABSOLUTE MAGNET THAT WILL PULL EVERYTHING TO YOU THAT YOU ARE WILLING TO CLAIM FOR YOURSELF AND GET YOUR OWN OLD BELIEFS OUT OF THE WAY WITH. HAVING LIFE COMPLETELY GO YOUR WAY BE HAS NO DEPENDENCY ON ANYTHING OUTSIDE OF YOU.

THE TRICK IS TO PRACTICE. YOU CAN LITERALLY PRACTICE WHENEVER YOU’D LIKE. YOU WANT TO PRACTICE BY FULLY CREATING YOURSELF AS SOMEONE WHO IS POWERFUL BEYOND BELIEF (BECAUSE YOU ARE) AND LETTING YOURSELF NOTICE AND EXPERIENCE LIFE GOING YOUR WAY.

FOR THE NEXT 21 DAYS KEEP PRACTICING CREATING WHAT YOU WANT AND TAKING ACTIONS KNOWING YOU CAN HAVE IT JUST THAT WAY. WITHIN 21 DAYS, IF YOU ARE RIGOROUS, YOU WILL HAVE RADICAL BREAKTHROUGH IN HAVING YOUR LIFE GO COMPLETELY YOUR WAY. SHARE EVERY MIRACLE

WITH OTHERS, BE GRATEFUL AND CELEBRATE EVERY SUCCESS TO EXPAND IT EVEN MORE!!!! IF SOMETHING DOESN'T GO THE WAY YOU WANT IT TO THEN LOOK FOR WHERE YOU STOPPED IT WITH SOME LIMITING BELIEF AND GET BACK TO CREATING IT AND TAKING ACTIONS AGAIN.

WHAT ARE ALL THE INSIGHTS THAT YOU GOT OUT OF THIS EXERCISE FOR HAVING LIFE COMPLETELY GO YOUR WAY? MAKE SURE YOU PUT WHAT YOU SAW FOR YOURSELF TO WORK RIGHT NOW!!! NEUROSCIENTISTS HAVE PROVEN THAT IF YOU DO NOT ACT ON AN INSIGHT RIGHT AWAY, IT IS LOST TO YOU.

LASTLY, FROM ME TO YOU;

NEXT MONTH: WE WILL HAVE AN EXCITING TOOL ON HOW TO HAVE A RADICAL BREAKTHROUGH IN EMBRACING FEAR AND USING IT TO MOVE FORWARD WITH ANYTHING!

THANK YOU SO MUCH FOR TAKING THE TIME AND USING MY TOOLS TO CREATE SOME IMPRESSIVE RESULTS IN YOUR LIFE. THAT IN ITSELF CONTRIBUTES TO ME AND ALLOWS ME TO FULFILL ON MY LIFE'S PURPOSE, WHICH IS TO SERVE YOURS!

IF YOU WOULD TAKE THE TIME TO EMAIL ME BACK AND GIVE ME YOUR FEEDBACK, IT WILL MAKE A TREMENDOUS DIFFERENCE FOR ME AND MY CREATING MORE AND MORE THINGS TO SERVE WHAT I LOVE (OUTSTANDING PEOPLE UP TO BIG THINGS LIKE YOU)!!

HONORED TO BE YOUR PARTNER IN MAXIMIZING OUR POTENTIAL,

A handwritten signature in black ink, appearing to read 'Carolina Aramburo', with a stylized flourish at the end.

CAROLINA ARAMBURO